



Morning & Evening Routine

Use these visual cards to gently guide your child through their morning and evening routines.

Lay the cards out together, let your child choose the order, and then display them at your child's eye level (on the wall, a door, or a small board).

By using these cards regularly:

Your child knows what comes next without constant reminders.

They feel more independent and responsible for their own routine.

You reduce nagging and power struggles, and create a more peaceful start and end to the day.



wake up



go to bathroom



use toilet / potty



brush teeth



play



brush hair



wear clothes



put on socks



eat breakfast



put on shoes



put toys away



drink water

Evening Routine

Put toys away



Clean up room



Put clothes
in laundry baset



Prepare pajamas



Choose bedtime
book



Use toilet



Brush teeth



Wash face



Brush hair



Take bath



Put on pajamas



Get in bed



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Montessori Parent Guide



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