

Montessori Bedroom Setup Checklist (AGES 0-6)

Zones to Plan

- Sleep
- Dressing
- Play/Study
- Reading
- Movement



Sleep Zone

- Montessori Floor Bed (Low frame or mattress on the floor)
- Firm mattress, fitted sheet
- Quiet corner, dim light
- Monitor temperature and humidity

Dressing Zone

- Wardrobe (low rail with 2-3 complete outfits)
- Mirror at child's height
- Sitting Spot
- Small laundry basket
- A hook for tomorrow's outfit



Play Zone

- Open shelf
- 6-8 trays
- No stacking
- Rotate by interest
- optional labels (pictures for toddlers, easy words for pre-schoolers)



Reading Zone

- Front facing bookshelf at child's reach
- Display a few books, rotate frequently
- Small reading rug or floor cushion
- Simple art hung at child's height



Movement Zone (optional)

- Climbing triangle, arch or ramp
- At least 5-6 feet (1,5-2 meter) clear space
- Thick mat
- Sturdy/hardwood quality
- Supervise
- Start with low angles



Safety

- Anchor all tall furniture
- Round any sharp edges
- Use non-slip rugs
- Clear pathways
- Secure outlets & cords
- Safe window coverings
- Secure mirror
- Natural & non-toxic materials
- Avoid small parts

Need Help?

BEFORE



AFTER



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 Montessori Parent Guide

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